

Energise and motivate your delegates with Xhilarate Office Massage!

Guoman Hotels exclusive partnership with Xhilarate Office Massage offers a unique way to motivate and rejuvenate your delegates at conferences, seminars and events

Delivering professional back, neck and shoulder massages that incorporate a highly rated blend of eastern massage techniques, the Xhilarate team work without oil, through clothing, using gentle manipulations and pressure points to alleviate stress and leave you feeling instantly calm and refreshed.

Ideal for reviving tired bodies and minds, **Xhilarate Office Massage** improves focus and concentration which is essential for intense conferencing events. Guaranteed to generate the wow factor, **Xhilarate Office Massage** will not only keep everyone stimulated and alert, it will enhance your brand message and ensure every guest enjoys a positively memorable experience.

Call us NOW on 08444 8222888 or email info@xhilarate.co.uk to book!

Available as 5, 10, 15 or 20 minute sessions, **Xhilarate Office Massage** is the perfect treat for break out times or throughout the conference depending on requirements.



Benefits to Delegates

- Relieves back, neck and shoulder tension, headaches and eye strain
- Improves concentration and alleviates mental fatigue
- Revitalises and boosts energy levels
- Stimulates endorphins – your natural 'feel good' chemicals

